



Happily Even After: Beyond Separation & Divorce

Separation and Divorce can feel like a “roller coaster ride” of powerful emotions. This support group will provide a nurturing environment where you can share your experiences and feelings, while navigating this transition.

The group will help you:

- Validate and confront your emotions
- Strive for acceptance and forgiveness
- Help your children face changes in the family
- Plan for your future

Mondays, March 4 - April 8

7:00 – 8:15 pm

Most Insurances Accepted

Location: JFS, 256 Columbia Turnpike, Suite 105, Florham Park, NJ 07932

For more information and to register, please contact
Daphne Berkovits, LMFT, at (973) 765-9050 ext. 1758
or dberkovits@jfsmetrowest.org



JFS MetroWest is committed to inclusive programming. Please call 973-765-9050 to discuss how we can help you.

At every age, at every stage, we are here to help.