

*Jewish Family Service of MetroWest  
is currently accepting registration for...*

## **A JOURNEY THROUGH GRIEF**

A support group for men and women who have lost a spouse or significant other and are struggling with their loss and sorrow.

This group provides an opportunity to talk with other men and women who have suffered the loss of a spouse or significant other.

A support group can be a safe and confidential experience where group members can express their feelings in a supportive and non-judgmental environment.

A bereavement group can aid in the adjustment to a loss.

**For more information and to register,  
Please contact Anne Mollen, LCSW  
at (973) 765-9050, ext. 212 or [amollen@jfsmetrowest.org](mailto:amollen@jfsmetrowest.org)**



*Jewish Family Service of MetroWest is a beneficiary agency of  
United Jewish Communities of MetroWest New Jersey and its United Jewish Appeal.*